



# Michigan Harvest of the Month™

## Best Practices Educator Check List

	Frequency	August	September	October	November	December	January	February	March	April	May	June
<b>GO</b>												
1. Review materials in MiHOTM teacher resource packet for the featured produce: • Educator Newsletter • Family Newsletter	Monthly											
2. Collect copy of school menu(s) for the current month.	Monthly											
3. Distribute Family Newsletter to parents.	Monthly											
4. Schedule and conduct activities from the MiHOTM Educator Newsletter:	Monthly											
a. Offer at least one Taste Testing of the featured produce.	Monthly											
b. Distribute and discuss Nutrition Facts label.	Monthly											
c. Discuss Reasons to Eat...	Monthly											
d. Distribute and discuss Botanical Image.	Monthly											
e. Select and assign appropriate Student Sleuths questions. (Answers in MiHOTM teacher resource packet.)	Monthly											
<b>Other Educator Newsletter Activities to Consider</b>												
f. School Garden	Monthly											
g. Cooking in Class (using recipe in MiHOTM Educator Newsletter).	Monthly											
h. Cafeteria Connections (may include taste tests of menu item)	Monthly											
i. Encourage students to find featured produce and MiHOTM promotional materials and signage in cafeteria	Monthly											
j. Engage child nutrition staff to participate in classroom activities using menu slicks	Monthly											
k. Student Advocates	As needed											
l. Other: _____												
5. Review school meals menu with students to identify featured produce items.	Monthly											
6. Perform classroom physical activity energizers (FitBits™ or others) that focus on featured produce.	As needed											
<b>School Building Leaders</b>												
1. Provide MiHOTM updates at school staff meetings.	Monthly											
2. Consult with school/district lead about activities and/or progress of MiHOTM.	As needed											
3. Use available building announcements to reinforce positive fruit and vegetable messages.	Daily											

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