

SNAP-ED WORKS IN MICHIGAN

Supplemental Nutrition Assistance Program Education (SNAP-Ed) provides nutrition education and physical activity promotion to qualifying participants to improve the likelihood that persons eligible for SNAP will make healthy food choices within a limited budget and choose physically active lifestyles.

PROMOTING HEALTHY EATING: REACHING MICHIGAN RESIDENTS IN NEED



In 2019, healthy eating programs reached more than 650,000 residents.

INCREASING FRUIT AND VEGETABLE CONSUMPTION

66% of parents say their kids are eating more fruit and 58% say their kids are eating more vegetables.



20% of youth ate fruit more often and 28% ate vegetables more often.

47% of adolescents ate fruit and vegetables more often each day.



45% of adults ate fruit and vegetables more often each day.

SUPPORTING COMMUNITIES TO IMPROVE ACCESS TO HEALTHY FOODS

252 sites working toward sustainable food changes:

308

ENVIRONMENTAL
CHANGES



248

SYSTEM
CHANGES



9

POLICY
CHANGES



154

PROMOTION
CHANGES



Promoting and supporting healthy eating opportunities for **235,171** community members in 252 sites where they live, learn, shop, play, and work.